

Jayson L. Mendoza

239 Laurel St. #102,
San Diego, CA 92101

(619) 400-9591
www.BlueAuraMassage.com

Summary

Building a thriving private practice, three blocks from Balboa park!

Work Experience

August 2007-Present

Owner, Massage Therapist

Blue Aura Massage

239 Laurel St. #102, San Diego, CA 92101
(619) 400-9591

April 2007-Present

Corporate Events/ On-Call Massage Therapist

Sharp Health Care

4000 Ruffin Road #A, San Diego, CA 92123
(858) 637-6400

March-December 2007

Independent Contractor, Massage Therapist

Healing Arts Massage & Wellness Center

1001 Garnet Ave. #220, San Diego, CA 92109
(858) 490-2560

October 2006-May 2007

Undergraduate Massage Therapist

IPSB Massage Therapy Center

1414 Garnet Avenue, San Diego, CA 92109
(858) 272-4142

Skills

Massage Techniques

- Thai
- Deep Tissue
- Lomi Lomi Massage
- Circulatory/Swedish
- Passive Joint Movement
- Sports Massage, Pre & Post Event
- Neuromuscular Therapy/Trigger Points

Spa Treatments

- Mud Wraps
- Dry Brushing
- Sugar Scrubs
- Aromatherapy
- Hot Stone Massage
- Paraffin Treatments
- Aromatic Hot Pebble Foot Bath

Other

- CA State Massage License, Business Tax, Insured
- Strong Interpersonal and Communication skills
- Training in Physiology & Pathology, including Contraindications
- Sensitive & Intuitive Quality of Touch
- Experienced working with a set & fast-paced schedule
- Trained in Active Listening, so that clients feel heard

Education

MT Graduate: 720 Hrs.

International Professional School of Bodywork (IPSB)

9025 Balboa Ave #130, San Diego, CA 92123

(858) 272-4142